Core Values

I find it useful to scan a core values list AFTER doing the exercises <u>here</u>. This is to ensure you connect with values that truly matter to you, rather than those you think should matter.

Then, use the list below to confirm you didn't leave anything essential off your list.

Cleanliness Acceptance Accomplishment Cleverness Accountability Comfort Accuracy Commitment Achievement Common sense Adaptability Communication Community Alertness Compassion Altruism **Ambition** Competence Concentration Amusement Confidence Assertiveness **Attentive** Connection **Awareness** Consciousness Balance Consistency Beauty Contentment Contribution Boldness

Bravery

Calm

Candor

Capable

Careful

Charity

Clarity

Certainty

Challenge

Brilliance

Concentration
Confidence
Connection
Consciousnes
Consistency
Contentment
Contribution
Control
Conviction
Cooperation
Courage
Courtesy
Creation
Creativity
Credibility
Curiosity
Decisiveness

Dedication Dependability Determination Development Devotion Dignity Discipline Discovery Drive Effectiveness Efficiency **Empathy Empower Endurance** Energy Enjoyment Enthusiasm Equality Ethical Excellence Experience **Exploration Expressive Fairness**

Family

Core Values

Fame

Fearlessness Feeling

Ferocious Fidelity

Focus

Foresight Fortitude

Freedom Friendship

Fun

Generosity

Genius Giving

Goodness

Grace

Gratitude

Greatness

Growth Happiness

Hard work Harmony

Health Honesty Honor

Hope Humility

Humor

Imagination

Improvement Independence

Individuality Innovation

Inquisitiveness

Insight

Inspiring

Integrity

Intelligence Intensity

Intuition

Joy

Justice

Kindness

Knowledge Lawfulness

Leadership

Learning Liberty

Logic

Love

Loyalty

Mastery

Maturity

Meaning

Moderation Motivation

Openness Optimism

Order

Organization Originality

Passion Patience

Peace

Performance

Persistence Playfulness

Poise

Potential

Power

Presence

Productivity

Professionalism

Prosperity

Purpose

Quality

Realism

Reason

Recognition

Recreation

Reflection Respect

Responsibility

Restraint

Results-oriented

Reverence

Rigor

Risk

Satisfaction

Security

Self-reliance

Selflessness

Sensitivity

Serenity Service

Sharing

Significance

Silence

Simplicity

Sincerity

Skillfulness

Solitude

Core Values

Spirit

Spirituality

Spontaneousness

Stability Status

Stewardship

Strength Structure

Success

Support

Surprise

Sustainability

Talent

Teamwork

Temperance

Thankfulness

Thoroughness

Thoughtfulness

Timeliness

Tolerance

Toughness

Tradition

Tranquility

Transparency

Trustworthiness

Truth

Understanding

Uniqueness

Unity

Valor

Victory

Vigor

Vision

Vitality

Wealth

Welcoming

Winning

Wisdom

Wonder

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