

Annual Review *for* MultiPassionates



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Welcome to Your Annual Review Workbook!

This booklet has questions pertaining to your personal life and your business life - if you have a business. As with all my workbooks for multipassionates, cherry-pick the parts that work for you, and leave the rest.

The first half of this booklet will help you **review**, celebrate and learn from the year that just ended.

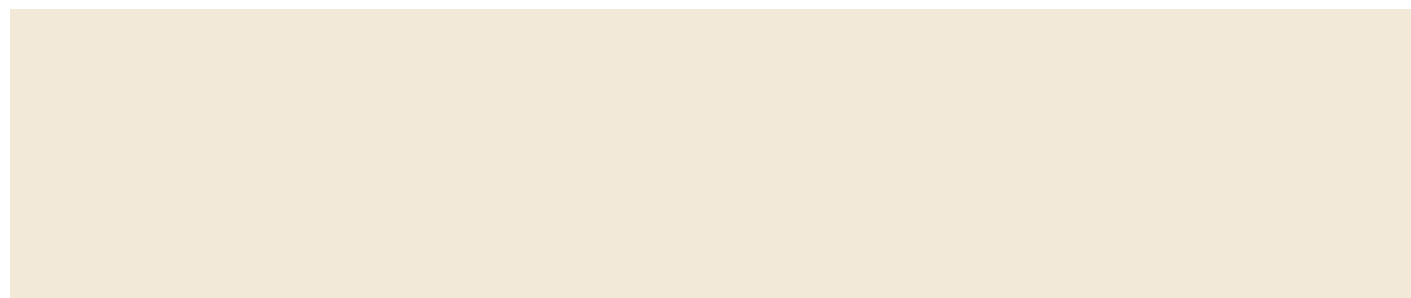
The second half is all about the bright future you're **planning**.



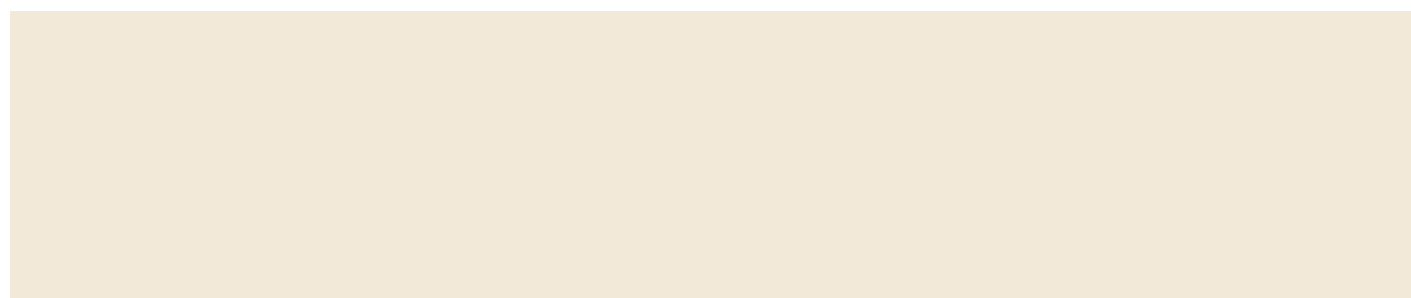
Memories of the past year:

Go through last year's calendar week-by-week to refresh your memory, and ask yourself what significant events occurred in each of the categories below. Circle/highlight the best moments from each list.

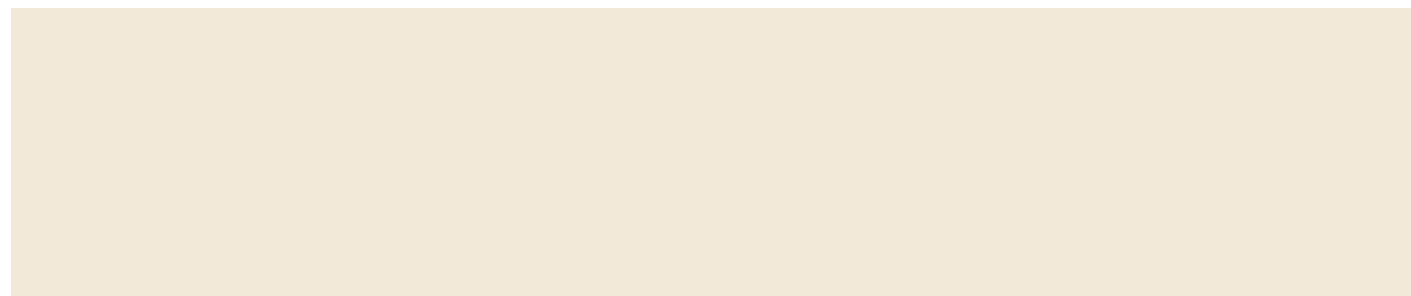
Personal life, family



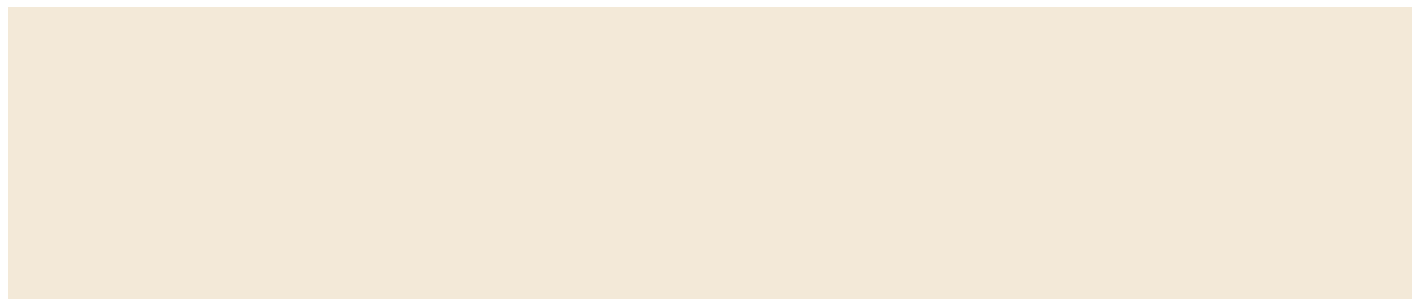
Career, studies



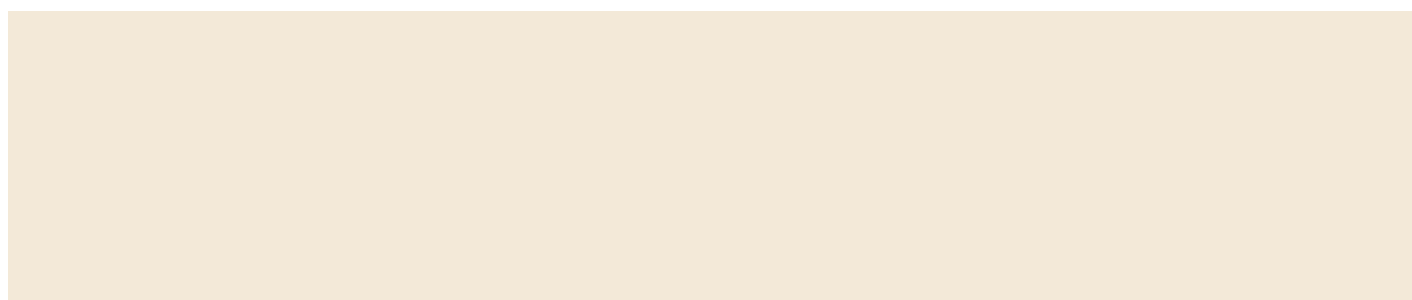
Friends, community



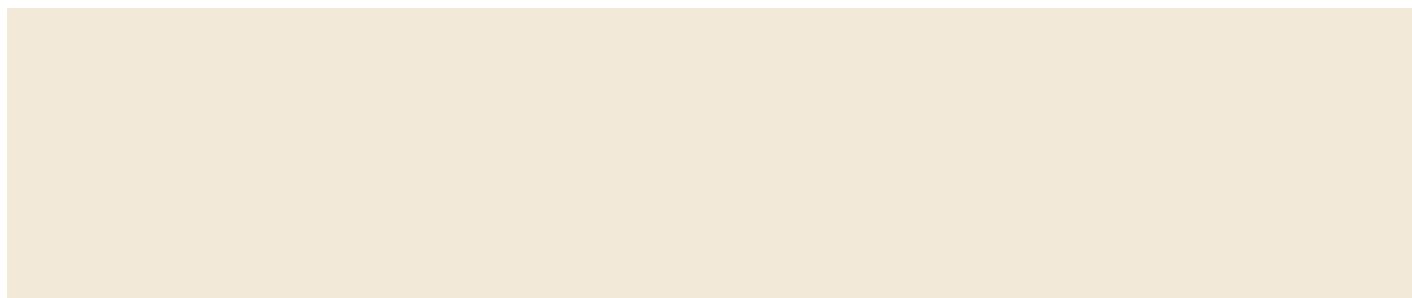
Relaxation, hobbies, creativity



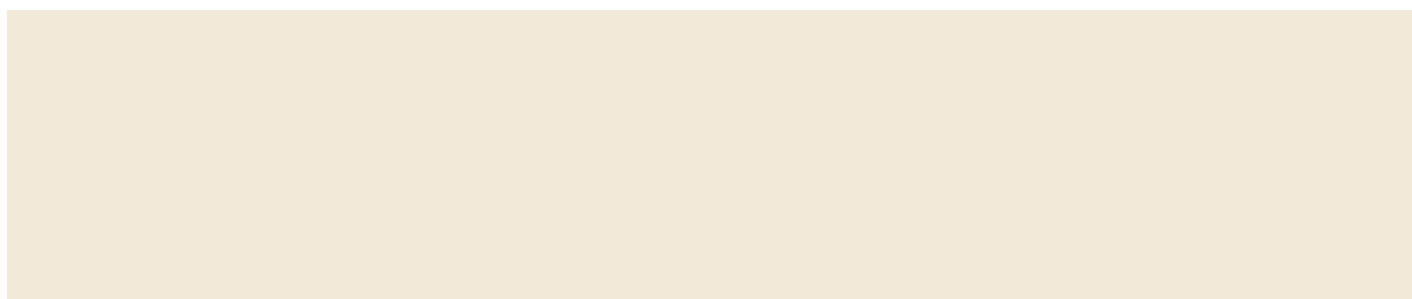
Physical health, fitness



Mental health, self knowledge



Habits that define me



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Milestones of the past year:

This year I left behind these interests or projects: (Make a note of the “reward” you got from each that signified it was time to leave it behind. Example: You stopped surfing this year because you reached a level of competence and decided that was good enough (for now, but maybe not forever). The knowledge that you are a competent surfer is your “reward”).

This year I added these interests or projects: (Jot a few words about what drew you to this interest. Circle/highlight any that you will continue into next year).

The wisest personal decision I made was

The best thing I discovered about myself is

The biggest personal risk I took was

The biggest surprise of the year was

The biggest personal project I completed was

The thing I am most proud of is

The three people who influenced me the most were

The thing I am the most grateful for is

The personal goal I was not able to accomplish was

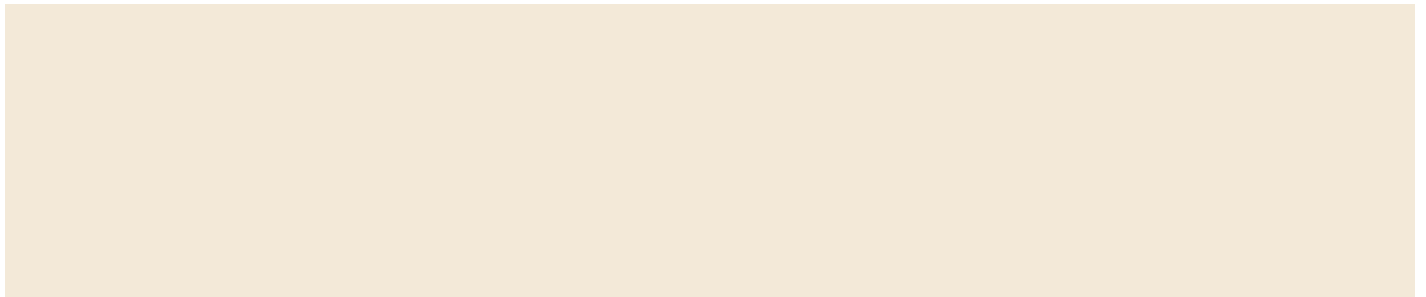
My biggest challenge from the last year was

I overcame this challenge by

I learned about myself as a result that

I left the world in better shape than I found it by

Reading list (or [go here](#) to create a digital one):



Looking back at my business:

If I were to pare down my business activities to the 20% that I believe produce 80% of my results, those activities would be

My business wins for the year include

I made progress on these goals

The most courageous business risk I took this year was

The wisest business decision I made was

The biggest challenge I tackled was

The biggest business lesson I learned from that was

The people who positively impacted my business this year were

My favorite client(s) were

And these are their success stories:

Here's what worked (Clients found me through . . . My most profitable offer was . . . I received great feedback on . . .)

What made my business FUN this year was

Podcasts, trainings, or programs I invested in this year:
(List favorite takeaways)

Loose ends:

When you look at your life and/or business, what are you merely tolerating? Bosses that don't respect your boundaries? Not enough YOU time? Anything draining your energy?

Is there anything from the past year for which you need to forgive someone else or yourself? Is there anything you must let go of before you can start your next year with a clean slate? (You can print or write this out by hand and then burn at the full moon if you feel so inclined).

If you could “beam” yourself back to exactly a year ago for a pep-talk &/or advice to yourself, what would you say? Can you apply that to the new year with a fresh start?

Looking forward:

If everything happens exactly as you wanted next year, what does that look like? Let go of your expectations and dare to dream. What do you long for? If money were no object, what would you do? Wouldn't it be great if . . . ?

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Milestones for the next year:

The three things I will most love about myself are

The three things I most want to achieve are

The three people I can count on to be my pillars are

The three things I will have the power to say no to are

The three things that will make my surroundings coziest are

The three things I will do every morning are

The three things I will pamper myself with regularly are

The three places I will visit are

The three presents I will reward my successes with are

Mindset shifts for the next year:

I will not procrastinate anymore on

I will draw the most energy from

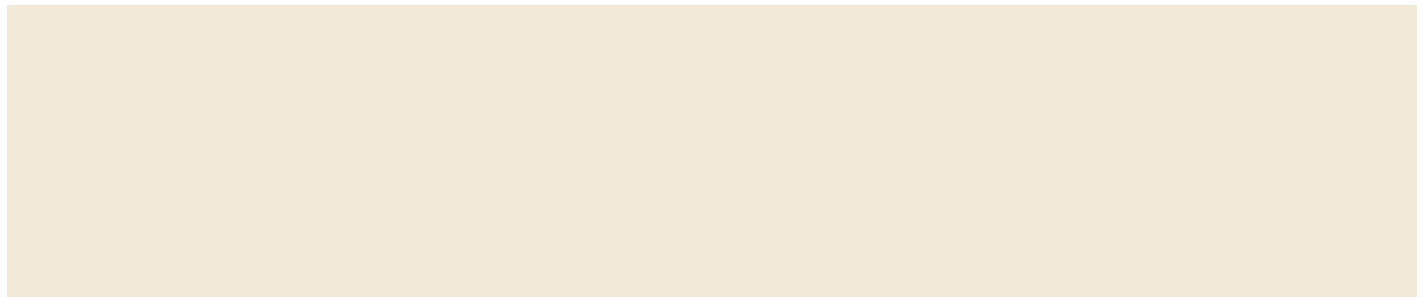
I will be the bravest when

I will say yes when

I advise myself to

When I look back at this moment a year from now, I want to be able to say this about who I showed up as:

New things I want to learn/explore in my personal life:



Looking forward at my business:

I want to FEEL _____ in my business this year. (Jot down a few words that capture the “vibe” or feeling of your ideal business).

Some NEW habits or practices I will implement to achieve this vision are

The most impactful 20% from my answer in the [Looking Back at My Business](#) section above will be my focal points this year. I will double-down on these actions in the following ways:

My business will be FUN this year because

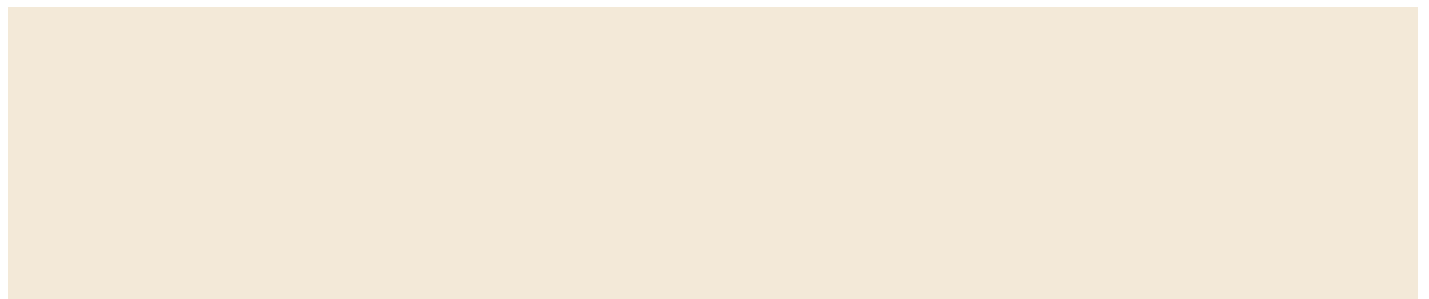
The one thing I would do differently next year if I knew for certain I would succeed is

My income goal for the year is (List good, better, best).

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It gets to be easy, so my abundance allows me to add the following to my business to help support me: (Bookkeeper, housekeeper, business coach, etc.)

Things I want to learn/explore to help me succeed in business this year:



Sending it into the ether:

This year will be special for me because

Pick a word, phrase or "theme" to symbolize and define the year ahead. Think of this when you need some extra energy to fuel your dreams. **My word for the year ahead is**

As I move into 2025, I will be on the lookout for 3 things I can notice and celebrate about my day, week and month - every day, week and month!

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Congratulations! You've just planned your best year ever.

“I believe anything and everything is possible for me this year.”

Signature

Date



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