

Core Values

I find it useful to scan a core values list AFTER doing the exercises here. This is to ensure you connect with values that truly matter to you, rather than those you think should matter.

Then, use the list below to confirm you didn't leave anything essential off your list.

Acceptance	Cleanliness	Dedication
Accomplishment	Cleverness	Dependability
Accountability	Comfort	Determination
Accuracy	Commitment	Development
Achievement	Common sense	Devotion
Adaptability	Communication	Dignity
Alertness	Community	Discipline
Altruism	Compassion	Discovery
Ambition	Competence	Drive
Amusement	Concentration	Effectiveness
Assertiveness	Confidence	Efficiency
Attentive	Connection	Empathy
Awareness	Consciousness	Empower
Balance	Consistency	Endurance
Beauty	Contentment	Energy
Boldness	Contribution	Enjoyment
Bravery	Control	Enthusiasm
Brilliance	Conviction	Equality
Calm	Cooperation	Ethical
Candor	Courage	Excellence
Capable	Courtesy	Experience
Careful	Creation	Exploration
Certainty	Creativity	Expressive
Challenge	Credibility	Fairness
Charity	Curiosity	Family
Clarity	Decisiveness	

Core Values

Fame
Fearlessness
Feeling
Ferocious
Fidelity
Focus
Foresight
Fortitude
Freedom
Friendship
Fun
Generosity
Genius
Giving
Goodness
Grace
Gratitude
Greatness
Growth
Happiness
Hard work
Harmony
Health
Honesty
Honor
Hope
Humility
Humor
Imagination
Improvement
Independence
Individuality
Innovation
Inquisitiveness

Insight
Inspiring
Integrity
Intelligence
Intensity
Intuition
Joy
Justice
Kindness
Knowledge
Lawfulness
Leadership
Learning
Liberty
Logic
Love
Loyalty
Mastery
Maturity
Meaning
Moderation
Motivation
Openness
Optimism
Order
Organization
Originality
Passion
Patience
Peace
Performance
Persistence
Playfulness
Poise

Potential
Power
Presence
Productivity
Professionalism
Prosperity
Purpose
Quality
Realism
Reason
Recognition
Recreation
Reflection
Respect
Responsibility
Restraint
Results-oriented
Reverence
Rigor
Risk
Satisfaction
Security
Self-reliance
Selflessness
Sensitivity
Serenity
Service
Sharing
Significance
Silence
Simplicity
Sincerity
Skillfulness
Solitude

Core Values

Spirit	Victory
Spirituality	Vigor
Spontaneousness	Vision
Stability	Vitality
Status	Wealth
Stewardship	Welcoming
Strength	Winning
Structure	Wisdom
Success	Wonder
Support	
Surprise	
Sustainability	
Talent	
Teamwork	
Temperance	
Thankfulness	
Thoroughness	
Thoughtfulness	
Timeliness	
Tolerance	
Toughness	
Tradition	
Tranquility	
Transparency	
Trustworthiness	
Truth	
Understanding	
Uniqueness	
Unity	
Valor	